

A MIGRAINE PATIENT'S GUIDE TO

Choosing a Health Plan

1



CHECK FOR YOUR HEALTH CARE PROVIDERS

Out-of-network appointments can be pricey. Review the network of approved providers before choosing your plan.

2

REVIEW THE FORMULARY

- Find out if your regular medications and devices are covered – and if they are “preferred” by the health plan.



3

KNOW YOUR COSTS

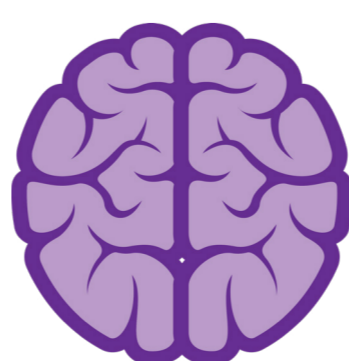
Monthly premiums matter. But so do annual deductibles and co-pays for appointments and medication.



Find more tips & tools for selecting a health plan



The Headache & Migraine
POLICY FORUM



Migraine Matters

Serving the Migraine Community with Knowledge