

WHY CAN'T MIGRAINE PATIENTS ACCESS COMBINATION THERAPY?



TO MANAGE MIGRAINE DISEASE, patients sometimes need to combine multiple medicines and devices such as:



Preventive medication
to stop migraine attacks before they start



Headache devices
to treat symptoms and reduce pain levels



Pain medication
to cope during attacks



Anti-inflammatory drugs
to help end a migraine attack



Known as **“COMBINATION THERAPY,”** the approach has been common in migraine treatment for years.



1980



2000



2019

But now health plans want to limit combination therapy to

PROTECT THEIR OWN BOTTOM LINES...

...leaving patients with yet another **STRUGGLE.**



The Headache & Migraine
POLICY FORUM

Migraine disease + health plan interference is **not** a good combination for patients.

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