

# MIGRAINE DISEASE IS A SPECTRUM



Some people have a few headache days each month. Some people have many.



MIGRAINE DAYS/MONTH

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

**EPISODIC**  
0-8 DAYS/MONTH

**HIGH EPISODIC**  
9-14 DAYS/MONTH

**CHRONIC**  
15+ DAYS/MONTH



MIGRAINE ATTACKS CAN LAST FROM A FEW HOURS **TO DAYS OR WEEKS**, IF UNTREATED.

Migraine disease symptoms vary from person to person.

MIGRAINE DISEASE CAN CAUSE **ANY OR ALL** OF THESE SYMPTOMS:



Prickly or burning sensations



Blurry or blacked-out vision



Difficulty thinking or communicating



Throbbing or pulsing pain on one side of the head or neck



Sensitivity to light, smell or sound



Nausea or vomiting

